

Acupuncture: How it Works

By inserting the fine needles specifically on certain areas of the body, acupuncture needles stimulate the internal organs and other parts of the body by an electrical conduction which in turn induces a bio-chemical reaction inside the body.

The History of Acupuncture and Why it is Important.

The oldest records of acupuncture are found on bone etchings dating back to 1600 B.C. Interestingly, the theory of acupuncture showing the vessels or meridians have also been discovered in the papyrus Ebers of 1550 B.C. in the ancient Egyptian medical treatises. So, the healing art of acupuncture is not exclusive to the Chinese. However, the Chinese gave the greatest contribution to the primitive form of this healing art by its complete systematic method of cataloguing and in-depth explanation of how it operates inside the body by the relationship the body has to planet earth. How electrical energy functions and moves inside the body through the acupuncture meridian systems (not to be confused with the central nervous system) is very similar to the pattern of how energy in nature moves.

The similarity of how the two energy flows in the body and Earth, shows the direct correlation and unbroken connection we have to the planet and to others.... It completely illustrates that we are inseparable energetically from every living entity.

How Acupuncture Explains Who We Are.

Although acupuncture is viewed as an ancient healing art, it is the most complete and advanced in its treatment of the human being, which must include the spiritual component.

Unfortunately, spiritual energy and the twelve acupuncture meridians, or the electrical communication pathways for each organ to communicate to each other and the brain, is not addressed in Western medicine. This negates the very essence and largest part of the human being. This secondary electrical system of energy in the body treats diseases that stem from an energetic level that can be rooted in the emotional and spiritual realm that can also heal the physical realm.